

Lerpa

UQAC

Laboratoire d'expertise  
et de recherche en plein air  
Université du Québec à Chicoutimi



# Exit plan

## Canoe camping trip in the backcountry

LERPA – Nibiischii Corporation







**Schedule (including GPS coordinates of overnight locations)**

**Maps (including GPS coordinates)**



**Communication between the group and the external contact (guardian angel)**

Satellite communication devices			
Devices	# or email adress	Owner	Intended use

Daily contact with the guardian angel	
Communication device used	
Start and end dates of daily contacts	
Timing of communications	
Expected response	
Device shutdown	

Procedure in case of malfunction of the main communication device

Closing the exit plan

**Critical emergency phone numbers**

Sûreté du Québec (Quebec Provincial Police)	1-800-461-2131 ou 911	Mireille Gravel – Directrice	1-418-770-7440
	418-310-4141		1-418-748-7748
Info-santé (Health information)	418-648-2626	Guardian angel	
	811		
Centre anti-poison (Poison control center)	1-800-463-5060		

**List of safety equipment**

<b>Safety equipment carried</b>	
<b>High-visibility items</b>	

**Identification of actions to take in case of accidents**

**MANDATORY SCENARIO #1**

Category of risk sources	Risk source	Potential Events
<b>Human</b>	<b>Participant or intervener</b>	<b>Temporary stoppage of progress / Difficult progress</b>
Risk Mitigation		
Incident Response		

**MANDATORY SCENARIO #2**

Category of risk sources	Risk source	Potential Events
<b>Equipment</b>	<b>Permanent breakage or loss of essential equipment</b>	<i>Specify the equipment</i>
Risk Mitigation		
Incident Response		



Additional page to add relevant information for the trip.