







Trip name			
Departure date	Return date	e	
Departure time	Return time	e	
Location		Duration	

Brief Description of Activities (location, discipline, basic itinerary, distance covered, description of equipment used - canoe, kayak, etc.).	nt

People Involved

	Persons in charge	Phone number
Leader 1		
Leader 2		
Number in the group		
Comments		

External contact (guardian angel)		Cell phone	Email
Name			
Relationship			





List of participants and summary of medical specifics

	First name	Last name	Address	Phone number	Medical specifics
1					
2					
3					
4					
5					
6					
7					
8					
9					
10					





Schedule (including GPS coordinates of overnight locations)





Maps (including GPS coordinates)





Owner Type Make and model Color License Plate Information about the watercraft Parking location for vehicules Place Position Trip information Main routes or paths taken

Transportation map





Communication between the group and the external contact (guardian angel)

Satellite communication devices				
Devices	# or email adress	Owner	Intended use	

Daily contact with the guardian angel		
Communication device used		
Start and end dates of daily		
contacts		
Timing of communications		
Expected response		
Device shutdown		

Procedure in case of malfunction of the main communication device		

Closing the exit plan			

Critical emergency phone numbers

Sureté du Québec	1-800-461-2131 ou 911	Mireille Gravel – Directrice	1-418-770-7440
(Quebec Provincial Police)	418-310-4141		1-418-748-7748
Info-santé (Health	418-648-2626	Guardian angel	
information)	811		
Centre anti-poison (Poison control center	1-800-463-5060		





List of safety equipment		
Safety equipment carried		
High-visibility items		

Identification of actions to take in case of accidents

MANDATORY SCENARIO #1

Category of risk sources		Risk source	Potential Events
Human		Participant or intervener	Temporary stoppage of progress / Difficult progress
Risk Mitigation			
Incident Response			

MANDATORY SCENARIO #2

Category of risk sources		Risk source	Potential Events
Equipment		Permanent breakage or loss of essential equipment	Specify the equipment
Risk Mitigation			
Incident Response			





Additional page to add relevant information for the trip.