

Lerpa

UQAC

Laboratoire d'expertise
et de recherche en plein air
Université du Québec à Chicoutimi



Exit plan

Canoe camping trip in the backcountry

LERPA – Nibiischii Corporation



List of participants and summary of medical specifics

	First name	Last name	Address	Phone number	Medical specifics
1					
2					
3					
4					
5					
6					
7					
8					
9					
10					

Schedule (including GPS coordinates of overnight locations)

Véhicules used

Owner	Type	Make and model	Color	License Plate

Information about the watercraft	
----------------------------------	--

Parking location for vehicles

Place	Position

Trip information

Main routes or paths taken	
----------------------------	--

Transportation map

Communication between the group and the external contact (guardian angel)

Satellite communication devices

Devices	# or email adress	Owner	Intended use

Daily contact with the guardian angel

Communication device used	
Start and end dates of daily contacts	
Timing of communications	
Expected response	
Device shutdown	

Procedure in case of malfunction of the main communication device

--

Closing the exit plan

--

Critical emergency phone numbers

Sureté du Québec (Quebec Provincial Police)	1-800-461-2131 ou 911	Ariane Leroux – Executive director	1-514-914-1702
	418-310-4141		1-418-748-7748
Info-santé (Health information)	418-648-2626	Guardian angel	
	811		
Centre anti-poison (Poison control center)	1-800-463-5060		

List of safety equipment

Safety equipment carried	
High-visibility items	

Identification of actions to take in case of accidents

MANDATORY SCENARIO #1

Category of risk sources	Risk source	Potential Events
Human	Participant or intervener	Temporary stoppage of progress / Difficult progress
Risk Mitigation		
Incident Response		

MANDATORY SCENARIO #2

Category of risk sources	Risk source	Potential Events
Equipment	Permanent breakage or loss of essential equipment	<i>Specify the equipment</i>
Risk Mitigation		
Incident Response		

